

# Achimowin

2020 - #2  
ISSUE 13

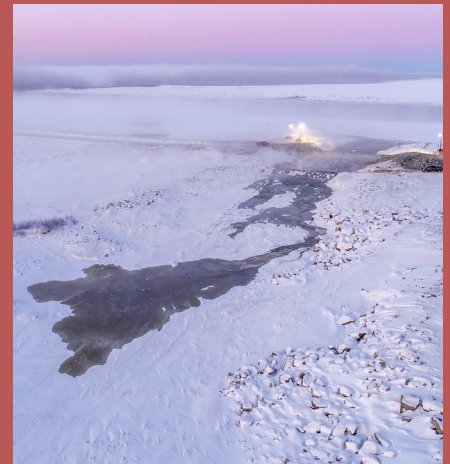
## Water-up Completed

As of the Easter weekend, the process of watering-up the Keeyask project was completed.

This involved allowing water back into the areas which were being maintained dry for construction. Following that, lowering & removing the North Channel Cofferdam allowed for re-connection of the Nelson River to the previous dry intake work area. Over the full process, upstream cofferdams, rock groins, and haul roads were lowered or

removed. Also, water was pumped into the downstream tailrace area to fill it up, and its cofferdam is being removed. At the end of the process, the tailrace and intake areas now match the current levels of the Nelson River around the project site.

Tyler Anseeuw, Lead of Manitoba Hydro Earthworks, said that the greatest challenge for water-up was having all aspects of the work ready to go at the same time. "Having the powerhouse concrete structure & finishing complete, electrical & mechanical systems ready to handle seepage water, portions of the turbines & generators complete, and all earthworks structures ready to hold back the rising water."



***"The added challenge was completing all the final earthwork removals and preparing the Powerhouse complex in freezing conditions."***





# Are you concerned about your well-being?

Counselling services are now being offered by phone.

Appointments can be scheduled by e-mailing [downie.nicole@gmail.com](mailto:downie.nicole@gmail.com), someone will respond within 24 hours.

If you feel you are in a crisis situation or you are contemplating suicide, please go to medical services immediately.

**Counselling  
Services**

# Pre-placement programs for women offer skills and training

If you are a woman seeking an electrifying career change – consider applying for one of two new pre-placement programs offered by Manitoba Hydro – the **Power Electrician pre-placement program for women** and the **Power Line Technician pre-placement program for women**.

“The intent of the pre-placement programs is to improve women’s chance of success and ensure you have every opportunity to build on your existing skills and experiences,” said Polly Bergen, Employment Strategy Coordinator, Manitoba Hydro.

You can learn more about the qualifications and recruitment process for the programs by contacting Polly Bergen via email at [pbergen@hydro.mb.ca](mailto:pbergen@hydro.mb.ca).



## PHYSICAL DISTANCING, NOT SOCIAL

While we need to maintain our physical distance to keep up our physical health, we need to remain social with others to help support our well-being. Whether to share a joke and lighten the mood, or to express our thoughts and find out we share our concerns with others.

So call your friend, text your family, video chat with your kids, or just say hello to each other in the halls and around the lunch room.

**Sit apart, but don't be apart.**

FOR VIDEOS AND MORE  
INFORMATION, PLEASE VISIT:

**Keeyask.com**

Send your feedback and suggestions to:

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