



COVID-19 Pandemic Plan Framework

KEYYASK GENERATION PROJECT

243954-0120-XXXXXX-REF-COVID-19 Work Activities -KCR 00

Prepared By:

Approved by:

Network	243954
Activity	0120
Collective	XXXXXX
Type	PLAN
Revision	R.2
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1 PURPOSE

Manitoba Hydro’s main priority is health and safety. We take collective pride in our commitment to ensure employees, Contractors, and visitors remain safe while travelling to and from, or while at, the Keeyask Project Site. Manitoba Hydro is committed to providing a safe and healthy work and travel environment during a pandemic through proper planning and preparedness measures for the prevention and control of exposure to pathogens including COVID-19.

2 PROJECT INFORMATION

The site of the Keeyask Project is located in Northern Manitoba on the side of the Nelson River, at the base of Gull Rapids, 185 km northeast of Thompson, Manitoba. The site is accessible by road from Thompson and Gillam, Manitoba.

The camp consists of 23 dorms with the addition of 8 exterior, for a total room capacity of 2,357. There is a total of 10 public washrooms in camp with multiple common areas ranging from dining room, movie theaters, wellness/gym area, entertainment areas; pool tables, TV rooms, computer lab and lounge.

Medical services such as EMS first responders and Nurse Practitioner are located on site with the two nearest health care facilities located in Gillam and Thompson, Manitoba.

3 DOCUMENTS

The Keeyask Project has developed a comprehensive Pandemic Plan, in response to COVID-19, which attempts to minimize the introduction of the virus at site, prevent its spread, and prevent transmission between site and the local communities.

The following documents form the Pandemic Plan, which outline various actions implemented to date at the Keeyask site to minimize the introduction of the virus at site and prevent its spread.

Document	Reference Number
Keeyask Pandemic Plan Framework	243954-0120-XXXXXX-PLAN- Keeyask Pandemic Plan Framework – KCR00
Current Measures Document	
Keeyask Pandemic Emergency Classification and Response Guide	243954-0120-XXXXXX-PLAN-Keeyask Pandemic Emergency Classification Response Guide – KCR01
Keeyask Construction Pandemic Plan Checklist	243954-0120-XXXXXX-PLAN-Keeyask Construction Pandemic Plan Checklist – KCR02
COVID-19 Guidelines for Work Activities	243954-0120-XXXXXX-PLAN-COVID-19 Guidelines for Work Activities – KCR03
Mask Usage in Indoor Common Spaces	243954-0120-XXXXXX-PLAN- Mask Usage in Indoor Common Spaces – KCR04
COVID-19 Contractor Guidelines	243954-0120-XXXXXX-REF- COVID-19 Contractor Guidelines – KCR05
COVID-19 Workers Information Package	243954-0120-XXXXXX-REF- COVID-19 Workers Information Package – KCR06

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4 SUPPORTING DOCUMENTS

Supporting documents are created and included in planning documents, which contain useful and important information imperative to the Keyask Pandemic Plan. These supporting documents are necessary in supplementing previously provided information. Examples of supporting documents include but not limited to; shared health screening tool, self-monitoring form, daily COVID briefs, Self- Isolation Information sheet, self-isolation/isolation declaration.

5 DOCUMENTS CHANGE LOG

Document	Revision #	Revision Date	Description of Major Change
Keyask Pandemic Plan Framework	1.0	November 2020	Original release
	2.0	March 2021	- Update to change log
Keyask Pandemic Emergency Classification and Response Guide - KCR01	1.0	March 2020	Original release
	1.1	July 2020	- Additional Language regarding Keyask Construction Pandemic Plan Checklist
*Keyask Construction Pandemic Plan Checklist - KCR02	1.0	August 2020	Original release
	2.0	October 2020	- Updated format and checklist
	3.0	March 2021	- Updated format and checklist
COVID-19 Guidelines for Work Activities - KCR03	1.0	May 2020	Original release
	2.0	November 2020	- Document format updated
Mask Usage in Indoor Common Spaces – KCR04	1.0	September 2020	Original release
	1.1	September 2020	- Revision to name from public areas to indoor common spaces.
COVID-19 Contractor Guidelines – KCR05	1.0	May 2020	Original release
	1.1	May 2020	- Change to overnight requirement prior to testing in Winnipeg.
	2.0	June 2020	- Change to same day test and then fly. Remove overnight requirement
	3.0	July 2020	- Removal of testing for Manitobans and isolation period for Western Canada and West of Terrace Bay Ontario
	4.0	December 2020	- Testing everyone prior to travelling to site. - Self-isolation requirement - Recovered from COVID Exemption - Vulnerable Population
	5.0	March 2021	- Close contact and isolation/self-isolation definition update - International isolation location update

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COVID-19 Workers Information Package - KCR06	1.0	May 2020	Original release - Removal of testing for Manitobans and isolation period for Western Canada and West of Terrace Bay Ontario - Testing everyone prior to travelling to site. - Self-isolation requirement - Recovered from COVID Exemption - Vulnerable Population - Isolation/Self-isolation definition update - International isolation location update
	2.0	July 2020	
	3.0	December 2020	
	4.0	March 2021	

*Document updated regularly

	PREVENTION (LEVEL I)	PREPAREDNESS (LEVEL II)	MITIGATION (LEVEL III)	OUTBREAK (LEVEL IV)	OUTBREAK (LEVEL V)	CARE AND MAINTENANCE (LEVEL VI)	RECOVERY (LEVEL VII)
	Response is at the discretion of the EOC Director. In locations with a high risk of a fast overrun of any disease, it is encouraged that the EOC Director acts conservatively and considers taking actions from levels in excess of what is indicated in the trigger.						
Trigger(s)	Actions during this stage are to prevent the spread of disease in the workplace and mitigate effects	World Health Organization advises influenza caused by a new subtype has been identified in humans	Confirmed Covid-19 case within Canada and the United States	Confirmed Covid-19 case within Manitoba or a change to the current outbreak that requires additional mitigations put in place to manage work during a pandemic.	Normal operations are no longer achievable. Difficulty bringing people/ resources to site. A significant change to the virus or situation that interrupts deliveries for production or quality of life	Outbreak has affected site in a way where business continuity plan is not achievable and we must move to business continuity plan for “Level 6 - Work Shut Down – Essential Services Only”	WHO – notification Influenza vaccine is being produced and is being distributed
RESPONSE	<p>Project Focus Continue normal construction operations and consideration of essential personnel to support operations will commence based on utilizing checklists that have been developed for the various scenarios.</p> <p>Personnel Precautions Regular site communication to educate workers on the spread of a virus, this includes posters, bulletins and information packages to all staff and contractors to promote good hygiene practices.</p> <p>Mitigation Strategies At this time, no special mitigation strategies will be employed. Complete and implement actions identified on the KCPP Checklist</p> <p>Response Strategies Relevant Site Emergency Plans will be reviewed at this time. Establish the Keyyask On-Site Working Group and communicate.</p> <p>Reporting There will be no reporting at this time.</p>	<p>Project Focus Continue normal construction operations and consideration of essential personnel to support operations will commence based on utilizing checklists that have been developed for the various scenarios.</p> <p>Personnel Precautions Regular site communication to educate workers on the spread of a virus, this includes posters, bulletins and information packages to all staff and contractors to promote good hygiene practices.</p> <p>Mitigation Strategies At this time, no special mitigation strategies will be employed. Consultation with Manitoba Public Health may provide additional guidance. Complete and implement actions identified on the KCPP Checklist</p> <p>Response Strategies Relevant Site Emergency Plans will be reviewed at this time. Establish the Keyyask On-Site Working Group meeting schedule.</p> <p>Reporting There will be no reporting at this time.</p>	<p>Project Focus Continue normal construction operations and consideration of essential personnel to support operations will commence based on utilizing checklists that have been developed for the various scenarios.</p> <p>Personnel Precautions Site residents are required to sanitize hands prior to entry into dining hall.</p> <p>Mitigation Strategies Complete and implement actions identified on the KCPP Checklist</p> <p>Response Strategies Specific plans will be functionally tested. Quarantine areas will be readied. Set up air transport contractor. Set up ground medical transport to local or other destinations. Relevant Plans will have required equipment (and resources) staged.</p> <p>Reporting There will be an increased monitoring and recording of workers presenting symptoms and a registry will be maintained of same. Develop Business Continuity Plan in relation to current construction status.</p>	<p>Project Focus Continue normal construction operations and consideration of essential personnel to support operations will commence based on utilizing checklists that have been developed for the various scenarios.</p> <p>Personnel Precautions Site residents are required to sanitize hands prior to entry into dining hall.</p> <p>Mitigation Strategies Complete and implement actions identified on the KCPP Checklist</p> <p>Limit Spread to Local Communities At this time daily commutes in and out of site by workers (local residents) would be restricted and workers transitioned to a regular site shift schedule.</p> <p>Response Strategies Relevant plans will be implemented as required.</p>	<p>Project Focus Work continues to protect the site and critical path considerations. Extended rotations may be introduced.</p> <p>Personnel Precautions Site residents are required to sanitize hands prior to entry into dining hall.</p> <p>Mitigation Strategies Continue to follow travel restrictions as per Manitoba Health recommendations and Keyyask On-Site Working Group. Restrict work site to only workers directly involved with critical path work. Encourage social distancing practices. Workers exhibiting symptoms to report to the on site Medical Services Office. Complete and implement actions identified on the KCPP Checklist</p> <p>Limit Spread to Local Communities Continue to restrict daily commutes in and out of site by workers (local residents). Local workers transitioned to a regular site shift schedule.</p> <p>Response Strategies Relevant plans will be employed as required.</p>	<p>Project Focus At this stage work consists of “Essential Services Only”</p> <p>Personnel Precautions Site residents are required to sanitize hands prior to entry into dining hall.</p> <p>Mitigation Strategies Restrict work site to only workers required for care and maintenance. Complete and implement actions identified on the KCPP Checklist</p> <p>Limit Spread to Local Communities Continue to restrict daily commutes in and out of site by workers (local residents). Local workers transitioned to a regular site shift schedule.</p> <p>Response Strategies Relevant plans will be employed as required.</p>	<p>Project Focus Resumption of normal construction activities.</p> <p>Personnel Precautions Return to regular hygiene standards.</p> <p>Mitigation Strategies Return site to normal day to day business activities.</p> <p>Response Strategies Relevant plans will be updated with lessons learned when used.</p>
NOTIFICATION		<ul style="list-style-type: none"> Develop Keyyask Specific Pandemic Communication Matrix 	<ul style="list-style-type: none"> Follow Keyyask Specific Pandemic Communication Matrix 	<ul style="list-style-type: none"> Follow Keyyask Specific Pandemic Communication Matrix 	<ul style="list-style-type: none"> Follow Keyyask Specific Pandemic Communication Matrix 	<ul style="list-style-type: none"> Follow Keyyask Specific Pandemic Communication Matrix 	

COVID-19 Pandemic Plan Checklist		
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Purpose: Based on occupational safety, hierarchy of controls; review active controls, current level and determine if additional measures are required.

Current Level: ██████████ This document is live and reviewed/updated as required.

Current as of March 30 2021

Control	Active? (yes/no)	Level	Notes:
Elimination			
Shutdown – Essential Services only	No		
Lockdown (no movement in/out)	No		
Daily commuting stopped	Yes		
Closure of common areas	No		
Elimination of self-serve in the dining room	Yes		
Elimination of self-service in the grab and go	No		
Self-driver restrictions for out of province workers (Exceptions for drivers brining equipment/materials.)	Yes		
Self-driver restrictions for in-province workers; south of 53 rd parallel (Exceptions for drivers brining equipment/materials)	Yes		
Visitor and tour restrictions - stopped	Yes		
Keyask personnel/vehicles restricted from visiting community, public services and locations (gas stations, grocery etc.)	Yes		
Removal of commercial flights - stopped	No		
Substitution			
Extended rotations/Limited Travel	Yes		
Engineering			
Deep cleaning protocol (<i>confirmed case of covid</i>)	Yes		
PCR Testing – In-province (Manitobans)	Yes		
On-site isolation of symptomatic people, pending provincial/POCT test result	Yes		
PCR Testing – Out of Province	yes		
Self-Isolation prior to traveling to site	Yes		
International Travelers Isolation	Yes		
Point of Care testing on site for symptomatic people.	Yes		
Mandatory stay in room/home when sick policy	Yes		
Plexiglass barriers for reception, EMS and commissary.	Yes		
Provincial Testing – Collection on site	Yes		

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Increased cleaning of common surfaces	Yes		
Increased availability of hand sanitizer	Yes		
Use of hand sanitizer prior to entering dining hall – increase installation	Yes		
Enhanced Cleaning protocols in common areas (Dining hall, wellness center, commissary and lounge)	Yes		
Flu-shots promotion and availability at medical services	Yes		
Administrative			
14-day self-monitoring on site		No	
Self-monitoring prior to traveling to site	Yes		
Daily Screening questionnaire (on site)	Yes		
Screening questionnaire prior to traveling to site	Yes		
Cohorting on site	Yes		
Communication - attend medical services when experiencing symptoms of an illness	Yes		
On-going communication – personal hygiene, handwashing, prevention measures, testing and results. Guidance documents	Yes		
Physical distancing implemented	Yes		
Reduced capacity in common areas (Dining hall, wellness center, theater, commissary and lounge)	Yes		
Non-Keeyask staff not allowed on north bound charters	Yes		
Documents (Contractor guide, workers information package etc.)	Yes		
COVID app promotion and download	Yes		
PPE			
Mask usage indoors	Yes		
Gloves when transporting people i.e. teamster picking up a worker.	Yes		

COVID-19 Contractor Guidelines

Work Activities

KEYYASK GENERATION PROJECT

243954-0120-XXXXXX-REF-COVID-19 Work Activities -KCR 03

Prepared By:

Reviewed by:

Approved by:

Network	243954
Activity	0120
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Type	PLAN
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1 INTRODUCTION

For work to continue during the COVID-19 pandemic, precautions must be taken to protect the health and safety of all workers performing the work. The hazard associated with the COVID-19 virus is the introduction of the virus into the workplace where the infection can spread between co-workers. COVID-19 cause infections of the nose, throat and lungs and is spread from an infected person through:

- respiratory droplets generated when you cough or sneeze
- close, prolonged personal contact, such as touching or shaking hands
- touching something with the virus on it, then touching your mouth, nose or eyes before washing your hands

There is also evidence that suggests person-to-person spread is efficient when there is close contact. Persons with COVID-19 typically display symptoms including, but not limited to, cough, fever, chills, headaches, and/or difficulty breathing; however, some persons who have tested positive for COVID-19 display no symptoms. COVID-19 is highly contagious and can be transmitted by persons showing no symptoms or those with symptoms.

2 PURPOSE

Contractors are expected to create a plan which documents practices to effectively manage the COVID-19 hazard on the Keeyask Generating Station Project (Keeyask Project). The Keeyask Project has developed this guideline to assist Contractors in developing practices through the application of engineering, administrative and PPE controls. Contractor work plans shall include all reasonable and practicable control measures referenced in this document.

As identified in the Keeyask Project Site Safety Plan, Contractors' workers must also perform their own daily field level hazard assessments to identify the hazards, discuss the work to be performed that day, identify the job steps, hazards, PPE and barriers required to mitigate the risk of the work that is being performed. Supervisors shall be responsible to ensure the practices developed are implemented.

As this is a dynamic situation, updates to the prevention methods listed herein may be required. Contractors will be notified and appropriately update their respective plans.

Manitoba Hydro shall measure performance using an auditing tool to track performance and identify areas requiring improvement.

Contractors documents shall be submitted through Aconex to Manitoba Hydro.

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3 WORK INFRASTRUCTURE REVIEW

All Contractors are required to review infrastructure necessary to support work activities. Lunchrooms, wash cars, and office trailers must be evaluated to ensure adequate facilities exist to support hand washing, dispensing of disinfectants and regularly disinfecting such infrastructure. This review shall also identify if such infrastructures will support 2-metre (6ft) physical distancing requirements.

4 PHYSICAL DISTANCING

Contractors shall identify how physical distancing measures of 2-metres (6ft) will be maintained in work areas and offices. Contractors shall document and detail how these measures will be implemented and maintained throughout the respective work shifts.

- Review work locations and co-ordinate work so individuals maintain the 2-metre physical distancing.
- Assess critical work for safe completion with minimal workers as possible.
- Educate and provide relevant information to workers on physical distancing and responsibilities for individuals to maintain 2 metres physical distancing requirements.
- Reduce or eliminate in person meetings and utilize video and teleconference tools.
- Ensure physical distancing protocols are in place for toolbox talks and use large areas where workers can ensure the 2 metre physical distance is adhered to.
- Develop, distribute, post signs/instructions on physical distancing.

5 WORK ACTIVITIES WHERE PHYSICAL DISTANCING REQUIREMENT CANNOT BE MAINTAINED

Contractors shall review Site specific work requirements and document those work activities where the 2-metre physical distancing requirement is not possible (i.e. Engineering and Administrative controls are not practical in the specific case).

- Contractors shall identify the specific personal protective equipment (PPE) requirements that all workers must use when working inside 2 metres.
- Contractors shall identify the specific PPE management requirements such as use and re-use compliance, PPE decontamination and sanitization protocol, storage and cleaning, regular compliance monitoring for all PPE used.
- Develop a JHA and/or work plan for the specific work with focus on protection of health from potential COVID-19 exposure.
- If engineering controls (i.e. Physical Barriers) cannot be effectively implemented, all workers working within 2 metres of other workers for more than 10 minutes will be required to use appropriate face coverings or respiratory protection.
- Ensure FLRA's identify COVID-19 transmitting or exposure hazards when working within 2 metres of other workers for more than 10 minutes.

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6 CLEANING AND DISINFECTING

- Contractors shall establish a cleaning schedule which identifies the frequency of, and specific cleaning and disinfection measures to be implemented to protect workers at the work/construction site. This shall also include site offices. All door handles, railings and personal workstation areas will be wiped down regularly with disinfectant.
- Cleaning of common lunchrooms and wash cars at the work site must be completed regularly and is recommended to be no less than prior to the commencement of each shift and after each break.
- Individuals are responsible for cleaning their workstation area with disinfectant.
- Ensure availability (minimum six-week supply) of cleaning and disinfectant materials – monitor inventory to ensure ample supplies.
- Ensure adequate hand washing facilities with protocols, hand sanitizer stations, provision of disinfectant wiping products.
- Ensure availability of cleaning and sanitization materials are available to workers.

7 PERSONAL HYGIENE

Contractor shall identify specific measures to ensure regular personal hygiene (hand washing and sanitization) of workers.

- Educate all workers on effective and proper methods to wash hands to minimize the COVID-19 risk.
- Identify measures to ensure workers have access to hand washing facilities.
- Provide and ensure ample supply of alcohol-based hand sanitizer if soap and water are not available.
- Do not share personal items or supplies such as phones, pens, notebooks, PPE, etc.
- Ensure JHA's identify transmission and exposure risks if personal hygiene measures are not followed/achievable.

8 SITE VEHICLES AND EQUIPMENT

Contractors shall identify and implement specific methods to ensure vehicles and equipment are sanitized, disinfected and physical distancing requirements met when transporting workers.

- Operator/Designated person will disinfect seats, controls, and handles before operating equipment and vehicles, if operators change during the shift and at the end of each shift.
- Operator/Designated person to disinfect vehicle (i.e. buses) once workers get off and before new workers board.
- Operator to ensure physical distancing if transporting one or more workers. Pick up trucks are limited to two workers per truck and workers being transported by bus will be required to sit in every other seat with one person per seat.

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9 SITE COMMUNICATIONS

Contractor shall detail specific measures to educate workers on proactive measures to ensure the management of COVID-19 prevention methods at the work site.

- Clearly communicate and ensure workers are fully aware of the requirements. Post signage clearly in work trailers and outline the commitment of the contractor to maintain health and safety measures during the COVID-19 crisis, including any daily updates.
- Ensure regular communication to workers on the latest information relative to COVID-19. Such communication can be shared during Toolbox talks and Site Safety meetings.
- Prepare site safety bulletins and safety messaging to workers.

10 SITE INSPECTIONS AND EVALUATION

Contractors shall identify site specific inspection and to monitor compliance with the COVID-19 prevention methods at the work site detailed in the JHA's and work plans.

- Implement regular compliance monitoring of control measures referenced in JHA's and work plans
- Allow an avenue for worker recommendations for improvements.
- Contractor shall detail site specific inspections and audits.

COVID-19 Guideline

Mask Usage in Indoor Common Spaces

KEYYASK GENERATION PROJECT

243954-0120-XXXXXX-PLAN- Mask Usage in Indoor Common Spaces – KCR04

Prepared by:

Reviewed by:

Approved by:

Network: 243954

Activity: 0120

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Type: PLAN

Revision: R 1.1

Date: 2020 09 28

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1 OVERVIEW

Manitoba Hydro’s priority is health and safety. This COVID-19 Guideline (Guideline) outlines worker requirements for the use of masks while in indoor common areas within the Keeyask project boundaries. This is in addition to the currently existing protocols of wearing masks during transportation to and from site.

2 PURPOSE

Manitoba Hydro is committed to providing a safe and healthy work environment during a pandemic through proper planning and preparedness measures for the prevention and control of exposure to pathogens including COVID-19. The purpose of this Guideline is to implement and support practices to mitigate the risk of contracting COVID-19 while in indoor common areas within Keeyask Generation Project Site and have not already been communicated in previous contractor and worker guidelines.

This content supplements existing provincial resources, fact sheets and other information taken from either the Province of Manitoba or Canada.ca, which will be referenced.

3 POLICY

Masks must be worn in all indoor common spaces.

All workers and visitors to the project site must wear a mask of appropriate quality as outlined in section 7 of this guideline, as well as wearing the mask in the appropriate method as outlined in section 8 of this guideline.

4 PROJECT INDOOR COMMON SPACES

Indoor common spaces within the project area will include, but not be limited to:

• Camp reception area	• Camp Wellness Centre**
• Camp artic corridor	• ERS gathering room
• Camp meeting rooms	• EMS and Medical Services
• Camp dining area *	• Camp Lounge ***
• Camp ‘grab and go’	• Camp smoking areas ****
• Camp recreation facilities (not including Wellness Centre)	• Contractor public facilities (ie/ lunchroom)
• Camp theatres	• Keeyask Generating Station

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*masks must be worn in the dining area during lineup, however once seated, the mask can be removed

** masks must be worn in the Wellness Centre throughout the facility up to the point where the exercise routine begins (i.e./the beginning of use of weights or cardiovascular exercise/track, etc.), and will be put back on once the workout is complete

***masks must be worn in the lounge throughout the facility up to the point a guest becomes seated at which point the mask can be removed, assuming social distance can be maintained

***masks must be worn in any smoking area throughout the facility up to the point a guest enters the smoking area and a cigarette is lit. Once the cigarette is extinguished, it is expected the mask will be put back on if social distancing cannot be maintained

5 DEFINITIONS

Physical Distancing/Social Distancing

Limiting the number of people that you, and your co-workers, come into close contact (within two metres/ six feet).

6 RESPONSIBILITIES

6.1 MANITOBA HYDRO IS RESPONSIBLE FOR:

- Creating the guideline;
- Communicating and instructing MH staff and contractors on the guidelines;
- Providing necessary information and tools to MH staff contractors for effective roll out;
- Providing a public information campaign to support the implementation; and
- Ensuring applicable masks are available for workers who do not have appropriate masks.

6.2 CONTRACTORS ARE RESPONSIBLE FOR:

Contractors are responsible to adhere to and to follow guidelines within this document. This includes communicating to workers all information related to the use of masks in indoor common spaces.

6.3 WORKERS ARE RESPONSIBLE FOR:

Ensuring they use an appropriate quality of mask, use it in the applicable locations, and wear it correctly.

6.4 SECURITY SERVICES ARE RESPONSIBLE FOR:

To educate and require workers to maintain compliance with this guideline if and where applicable.

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7 TYPE / QUALITY OF MASKS

When worn properly, a person wearing a non-medical mask or face covering can reduce the spread of his or her own infectious respiratory droplets.

Non-medical face masks or face coverings shall:

- Allow for easy breathing;
- Fit securely to the head with ties or ear loops;
- Maintain their shape after washing and drying;
- Be changed as soon as possible if damp or dirty;
- Be comfortable and not require frequent adjustment;
- Be made of at least 2 layers of tightly woven material fabric (such as cotton or linen);
Neck gaiters and multi-scarves are not allowed to be used as masks
- Be large enough to completely and comfortably cover the nose and mouth without gaping; and
- Masks with filters are acceptable. Some masks also include a pocket to accommodate a filter, for example; paper towel or disposable coffee filter, for increased benefit.

Face masks with breathing valves are not allowed to be worn unless they are required respiratory protection for the task being performed. The most important aspect about face masks is ensuring they are worn appropriately (covering nose and mouth) and are not being touched while wearing or they will not be effective.

8 PROPER METHOD OF MASK USAGE

A mask can reduce the chance that others are coming into contact with your respiratory droplets, in the same way as practicing cough etiquette by covering your mouth and nose with a tissue when coughing or sneezing or coughing or sneezing into your sleeve.

Employees must wear an approved mask in indoor common spaces. Approved masks can be of either the medical or non-medical type and must cover the wearer's mouth and nose to prevent respiratory droplets from spreading to others or landing on surfaces.

The following are recommended practices to follow with mask usage:

- Wash your hands immediately before putting it on and immediately after taking it off;
- Practice good hand hygiene while wearing the mask;
- Ensure your mask fits well (doesn't gape);

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- Do not share your mask with others; and
- Avoid touching the front of the mask or changing a mask multiple times in a shift unless it is damaged, damp or visibly soiled.

Face masks can become contaminated on the outside, or when touched by your hands. Avoid touching your face mask while wearing it and change your mask as soon as it is damp or soiled. To clean non-medical mask directly into a bag or into the washing machine, launder your mask on a hot cycle and dry it thoroughly. For information about the safe use of non-medical masks, visit Health Canada.

For information about the safe use of non-medical masks, visit [Health Canada](https://www.healthcanada.ca).

Source: <https://www.gov.mb.ca/covid19/restoring/print,guidance.html#ppe>.

9 REFERENCES

The following reference documents are complimentary to this Guideline or form part of the overall practices in fighting the spread of COVID 19.

1. Contractor Guidelines for Work Activities Under COVID-19
2. COVID-19 Workers’ Information Package
3. Travel/Isolation Process: Local Drivers and Northern Shuttle Transports
4. Keeyask COVID-19 Site Handbook
5. Manitoba Shared Health Screening Tool
6. Self-Monitoring Process

COVID-19 Contractor Guideline

KEYYASK GENERATION PROJECT

243954-0120-XXXXXX-REF-COVID-19 Work Activities -KCR 05

Prepared By:

Approved by:

Network	243954
Activity	0120
Collective	XXXXXX
Type	PLAN
Revision	R.5
Date	2021 03 30

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CHANGES TO THE COVID-19 CONTRACTOR GUIDELINE

As of March 30, 2021

4. Definitions

- a. Addition- Close Contacts “10 minutes”
- b. Deletion – Close Contacts “15 minutes”
- c. Addition- Isolation “you live with, or had close contact with someone who has or is suspected to have COVID-19”
- d. Addition- Self-isolation “you live with, or had close contact with someone who has or is suspected to have COVID-19”

7.Travel – Out of Province

- a. In the event an international traveler has been deemed exempt from the federal government of Canada regulations, notification shall be provided to Manitoba Hydro to determine the required length of self-isolation. If notification is not provided, 14-days of self-isolation is required.

9. Screening, self-isolation and isolation

- a. Addition “or a member of workers household”

Appendix A

- a. Revision- Shared Health Screening Tool

As of December 1, 2020

3. References

- a. Addition “Self-isolation Requirements”

4. Definitions

- a. Deletion “northwestern Ontario”
- b. Addition “recovered”
- c. Deletion “Western Canada
- d. Addition “vulnerable populations”

6. Responsibilities

- a. Addition section 6.5 Worker “self-isolate days prior to travelling to site”

7. Travel

- a. Deletion 7.1 “All eastern provinces and southern Ontario
- b. Addition 7.1 “Out of Province”
- c. Addition “Keep a record of self-isolation and self-monitoring documents and provide to Manitoba Hydro upon request.”
- d. Deletion 7.2 “Western Canada and Northwestern Ontario”
- e. Addition 7.2 “In Province”
- f. Addition 7.2 “In province workers are required to self-isolate and self-monitor while at home.
- g. Addition 7.2 “Review self-isolation and self-monitoring protocol with all in province workers.”
- h. Addition 7.2 Provide workers information on protocols identified in section 3 References. Ensure a signed copy of the Self-Isolation/Isolation COVID-19 Declaration has been received.”
- i. Deletion 7.3 “travelling from all eastern provinces and southern Ontario”

8. Hotel Accommodations

- a. Deletion “Hotel Administration Contact Information”
- b. Addition – Updated hotel administration contact information email and phone number.

9. Screening, Self-Isolation and Isolation

- a. Deletion 9.1 “out of province travelers”
- b. Addition 9.1 “Screening”

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- c. Addition 9.1 "The contractor is also required to screen all workers before travel to the Project site."
- d. Deletion 9.2 "and Isolation"
- e. Addition 9.2 "All workers are required to self-isolate for a period prior to travelling to site."

- f. Addition 9.2 "Provide workers information on protocols identified in section 3 References. Ensure a signed copy of the Self-Isolation/Isolation COVID-19 Declaration has been received Keep a record of self-isolation and self-monitoring documents and provide to Manitoba Hydro upon request."
- g. Addition 9.3 "On a weekly basis Manitoba Hydro shall provide contractors the Isolation End Date Notification Form"
- h. Addition 9.3 "Isolation"
- i. Addition 9.3 "Assist public health and communicate requirements to workers as required."
- j. Addition 9.3 "Support workers through the isolation process."
- k. Addition 9.3 "Ensure documents required are completed and provide to Manitoba Hydro upon request."
- l. Addition 9.3 "For further information please refer to Appendix A – Important Information About Going Into Isolation at Keeyask Camp"

10. COVID-19 Screening Test

- a. Addition 10.1.3 "Recovered from COVID-19 - Workers who have been diagnosed and recovered from COVID-19, within 90 days of their arrival date on site shall be exempt from the screening process."
- b. Addition 10.2 "Self-isolate for before being screened and tested for COVID-19"
- c. Addition 10.2 "Self-isolate for before driving or being shuttled to site"
- d. Deletion 10.3 "out of province worker"
- e. Addition 10.4 "Workplace Screening – On Site Testing During Rotation"
- f. Addition 10.5.1 "prior to starting work"
- g. Addition 10.5.2 "Workplace Screening - On Site Testing During Rotation Results"

11. Vulnerable Population

- a. Addition "COVID-19 can cause more severe disease or outcomes among workers identified in vulnerable population category."

As of July 17, 2020

Definitions

- a. Addition "Northwestern Ontario"
- b. Addition "Western Canada"

7. Travel

- a. Addition 7.1 "All eastern provinces and southern Ontario"
- b. Deletion 7.1 "Out of Province"
- c. Addition 7.2 "Western Canada and Northwestern Ontario"

As of June 17, 2020

7 Travel

- a. Deletion "Workers are expected to be at the testing location the day before travel to site this includes out of province and in province workers. Workers shall stay the night in the hotel and adhere to self-isolation requirements."

7.2 In Province

- a. Deletion "Arrange hotel accommodations for all workers for their stay before travel to site. This includes the overnight stay required after COVID collection procedure has been completed."

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10.3 COVID-19 Screening Test Information

- a. Deletion “Requirement to stay overnight at the hotel once the COVID collection procedure has been completed, prior to travelling to site.”
- b. Deletion “After screening test, worker is required to check-in at hotel and self-isolate until travel to site. No one is permitted to leave the premises.”

As of May, 30 2020

Definitions

- a. Addition “twice daily” to *Self-monitor*

7 Travel

- b. Addition “Workers are expected to be at the testing location the day before travel to site this includes out of province and in province workers. Workers shall stay the night in the hotel and adhere to self-isolation requirements.

7.1 Out-of-Province

- a. Addition “self-monitoring” to ensure clear expectation

7.2 In Province

- b. Addition “Travel manifest must be provided to Manitoba Hydro twenty-four (24) hours prior to testing.”
- c. Addition “Arrange hotel accommodations for all workers for their stay before travel to site. This includes the overnight stay required after COVID collection procedure has been completed.

9.1 Out of Province Travelers

- a. Deletion “contact Nurse Practitioner”
- b. Addition “If a worker answers yes to any of the screening questions, refer to guidance for screening employees preparing to return to the Keeyask worksite.”
- c. Addition “Appendix A Shared Health Screening Tool, and Self Isolation Fact Sheet, and Self-Monitoring process.

9.2.1 Self-Isolation

- a. Addition “self-monitor” to ensure clear expectation
- b. Addition “including the requirement to submit a signed copy of the Self-Isolation/Isolation COVID-19 Declaration.” for clarification
- c. Addition “Ensure that workers have a thermometer to complete the self-monitoring requirement.”

9.2.2 Isolation

- a. Addition “including the requirement to submit a signed copy of the Self-Isolation/Isolation COVID-19 Declaration.” for clarification
- b. Addition “Ensure that workers have a thermometer to complete the self-monitoring requirement.”

9.3 Self-Monitor

- a. Addition “Ensure that workers have a thermometer to complete the self-monitoring requirement.”

10.2 COVID-19 Screening Process

- a. Deletion “Virus” changed to COVID-19

10.3 COVID-19 Screening Test Information

- a. Addition “Requirement to stay overnight at the hotel once the COVID collection procedure has been completed, prior to travelling to site.
- b. Addition “After screening test, worker is required to check-in at hotel and self-isolate until travel to site. No one is permitted to leave the premises;”

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Appendix A

- a. Addition Self-Monitor process chart updated
- b. Addition to Self-Monitor Process to include “Take your temperature twice a day (morning and night), using a digital thermometer by mouth (oral)” and “Use the table below to record your temperature, and any other symptoms you may experience during the isolation period.”
- c. Addition Guidance for screening employees preparing to return to the Keyask worksite

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1 OVERVIEW

Manitoba Hydro’s priority is health and safety. The COVID-19 Contractor Guideline (Guideline) outlines contractor requirements for the management of COVID-19 while traveling to and from or while at the Keeyask Generation Project Site (site).

The Guideline applies to all contractors at site and outlines the requirements that shall be followed. It also contains several resources and forms that shall be reviewed prior to personnel returning to the Keeyask site.

2 PURPOSE

Manitoba Hydro is committed to providing a safe and healthy work and travel environment during a pandemic through proper planning and preparedness measures for the prevention and control of exposure to pathogens including COVID-19. The purpose of this Guideline is to support and implement practices to mitigate the risk of contracting COVID-19 while travelling to and from Keeyask Generation Project Site in air charters, busses, or other vehicles and while on site, and to prevent the spread of COVID-19 to or on site.

This content supplements existing provincial resources, fact sheets and other information taken from either the Province of Manitoba or Canada.ca, and these will be referenced.

BACKGROUND

Due to the global pandemic, the Keeyask site Emergency Operations Centre was activated and measures were implemented to address the Project’s pandemic objective of minimizing the introduction and spread of the virus on the Keeyask Generation Project Site. Travel to and from Keeyask Generation Project Site was suspended March 21 for an expected duration of 4 to 8 weeks.

At the end of the extended travel restriction period, in coordination with the Provincial health authorities, the Keeyask project returned to standard worker rotations, however enhanced site-access requirements and procedures were implemented.

3 REFERENCES

The following reference documents are complimentary to this Guideline or form part of this Guideline.

1. Contractor Guidelines for Work Activities Under COVID-19
2. COVID-19 Workers’ Information Package
3. Self-Isolation Requirements
4. Travel/Isolation Process: Local Drivers and Northern Shuttle Transports
5. Keeyask COVID-19 Site Handbook
6. Manitoba Shared Health Screening Tool
7. Self-Monitoring Process

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4 DEFINITIONS

Cleared/Clear Test Result

Worker has completed a COVID-19 screening test and is permitted to travel/work on site

Close Contact

- provided direct care for a COVID-19 case, including healthcare workers, family members or other caregivers, or who had other similar close physical contact (e.g., intimate partner) without consistent and appropriate use of personal protective equipment, OR
- lived with or otherwise had close face to face contact (within 2 metres) with a probable or confirmed case for more than ~~15~~ 10 minutes (may be cumulative, i.e., multiple interactions) up to 48 hours prior to symptom onset, OR
- had direct contact with infectious body fluids of a probable or confirmed case (e.g., was coughed or sneezed on) while not wearing recommended PPE, OR
- has been identified by the public health authority as a possible contact.

COVID-19 Screening Test

The testing conducted is deemed a *screening* test and not a *diagnostic* test – it is not intended to diagnose anyone as being ill with COVID-19 but is being used as a test to screen individuals as *cleared/not-cleared* to travel or work on site. Therefore, we refer to the COVID-19 testing as a “Screening Test”

Designated Contractor Representative (DCR)

An individual identified by the contractor as able to receive communication and results and who is authorized to take immediate actions to remove a worker from his/her duties and to make required decisions in the testing and subsequent processes.

Isolation

You must stay at a single location i.e. home, hotel room, camp room and stay away from other people. You must isolate if **any** of the following apply:

- you have been diagnosed with COVID-19, or are waiting to hear the results of a lab test for COVID-19
- you have symptoms of COVID-19, even if mild
- **you live with, or** had close contact with someone who has or is suspected to have COVID-19
- you have been told by public health that you may have been exposed to COVID-19
- you have returned from travel outside Canada with symptoms of COVID-19 (mandatory)

Manitoba Shared Health Screening Tool

Screening is a series of questions asked to see if a person who has recently traveled or been exposed to an ill person who has symptoms of the illness.

Medical Services

The area at Keeyask camp that contains Emergency Medical Services paramedics and the Nurse Practitioners

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Not-Cleared/Not Clear Test Result

Worker has completed a COVID-19 screening test and is not permitted to travel/work on site.

Nurse Practitioner (NP)

NPs are registered nurses who have additional education and nursing experience, which enables them to: Autonomously diagnose and treat illnesses, order and interpret tests, prescribe medications, and perform medical procedures.

Physical Distancing/Social Distancing

Limiting the number of people that you, and your family, come into close contact (within two metres/ six feet).

Recovered

Individual no longer ill with the virus (as determined by provincial health authorities)

Self-isolation

You must stay at a single location (i.e. home, hotel room, camp room), and stay away from other people. Self-isolate applies if you have **no symptoms** and **any** of the following apply:

- you are returning from travel **outside of Canada**
- You will be traveling to the Keeyask Project
- out of province and will be traveling to Manitoba
- **you live with, or** had close contact with someone who has or is suspected to have COVID-19
- you have been told by the public health authority that you may have been exposed and need to self-isolate

Self-monitor

To record your temperature twice daily, as well as monitor your general well-being to see if/when other symptoms develop (e.g., cough, sore throat, runny nose, shortness of breath and difficulty breathing).

Testing Administrator

Individual(s) responsible for overseeing the protocol and procedures of the **screening test** process and help explain the process and support coordinating the reporting of results.

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Vulnerable Populations

Vulnerable populations may include individuals who are at risk of more severe disease or outcomes, including:

- older adults (increasing risk with each decade, especially over 60 years)
- people of any age with chronic medical conditions (for example: lung disease, heart disease, high blood pressure, diabetes, kidney disease, liver disease, stroke or dementia)
- people of any age who are immunocompromised, including those with an underlying medical condition (for example, cancer) or taking medications which lower the immune system (for example, chemotherapy)
- people living with obesity (BMI of 40 or higher)

5 BASE EXPECTATIONS

Contractors shall cooperate in taking steps to reduce the transmission of communicable diseases at the Keeyask project site and camp.

6 RESPONSIBILITIES

PURCHASER

The Purchaser is responsible for:

- Provision of facility for testing
- Secure block of hotel rooms for out of province travelers

CONTRACTORS

Contractors are responsible to adhere to and to follow guidelines within this document. This includes communicating to workers all logistics involved with travel back to site. It will be important to communicate how the site will operate including reporting all illnesses, ensuring physical distancing, and how work will be scheduled.

- Contact hotel administrator and book rooms for the travelers
- Transport travelers from hotel to testing facility
- Transport travelers from testing facility to air charter terminal
- Arrange air transport to Gillam
- Transport/shuttle workers from Gillam airport to site

DESIGNATED CONTRACTOR REPRESENTATIVE

The designated contractor representative (DCR) is an individual identified by the contractor as the single point of contact to receive communications and test results from Manitoba Hydro and if required, the testing administrator. The DCR shall be authorized to take immediate actions to ensure the appropriate steps of this document are fulfilled and to make required decisions in the testing and subsequent processes.

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TEST/TRAVEL DAY CONTACT

The test/travel day contact is an individual identified by the contractor to be physically present at the testing location, every test/travel day. Their role is to ensure that all rules and expectations are followed. The test/travel day contact must also ensure workers have required information, support screening processes by providing guidance to a worker who screened not-clear and ensures all workers required on the shuttle bus are accounted for.

WORKER

Each worker is responsible to:

- Must arrive at required location at the designated time. This includes the testing facility and if required identified parking location to be transported to testing facility
- Northern drivers must wait at gate for transport into camp
- Complete the Manitoba Health Screening Questionnaire prior to attending the testing facility or driving/shuttling to site.
Self-isolate for the required prior to traveling to site.

Who is responsible	Responsibility
Purchaser	Provision of facility for testing
	Secure block of hotel rooms for out of province travelers
Contractor	Contact hotel administrator and book rooms for the travelers
	Transport travelers from hotel to testing facility
	Transport travelers from testing facility to air charter terminal
	Arrange air transport to Gillam
	Transport/shuttle workers from Gillam airport to site
DCR	Test Results: Receives and ensures communication to workers.
	Ensure all testing processes for travelers are fulfilled
	Make required decisions in the testing and subsequent processes
Test/Travel Day Contact	Ensures workers are following all rules and expectations
	Supports the results reporting process
	Ensure everyone is on the shuttle bus who should be
Worker	Be at the designated place and time to be transported to testing facility
	Northern drivers must wait at gate for transport into camp

7 TRAVEL

Each contractor is responsible to arrange travel for all workers. This includes flights; to and from Manitoba, to and from Keeyask and ground transportation. Refer to subsections below for further responsibilities.

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OUT OF PROVINCE

Self-isolation and self-monitoring are required for out of province travelers to Manitoba.

- International travelers are required to self-isolate and self-monitor in accordance with the federal government of Canada regulations.
 - **In the event the federal government of Canada deems an international traveler exempt from the federal isolation requirements, notification shall be provided to Manitoba Hydro to determine the required length of self-isolation. If notification to Manitoba Hydro is not provided, 14-days of self-isolation is required.**
- Out of province travelers are required to self-isolate and self-monitor for at home, Winnipeg or a combination of both for the currently required period. If the worker chooses to self-isolate in Winnipeg accommodations will only be provided to a maximum of 7 days.

Contractor is responsible to:

- Complete the Manitoba Shared Health Screening tool for all out of province travelers prior to travel to Manitoba and if requested provide workers with a copy.
- Review self-isolation and self-monitoring protocol with these travelers
 - Self-isolation is required for out of province travelers to the project site.
 - International travelers are required to self-isolate in accordance with the federal government of Canada regulations and self-monitor.
 - Out of province travelers are required to self-isolate and self-monitor at home, Winnipeg or a combination of both. Accommodations in Winnipeg will only be provided to a maximum of 7 days.
- Provide workers information on protocols identified in section 3 References
- Ensure a signed copy of the Self-Isolation/Isolation COVID-19 Declaration has been received
- Keep a record of self-isolation and self-monitoring documents and provide to Manitoba Hydro upon request.

IN PROVINCE

In-province workers, while at home are required to self-isolate and self-monitor for the currently required period. If self-isolation cannot occur at home the worker shall notify their supervisor to determine if other accommodations can be provided.

Contractor is responsible to:

- Review self-isolation and self-monitoring protocol with all in province workers.
- Arrange all transportation;
 - Which shall include non-commercial flights,
 - Transportation from hotel to testing site and to air charter terminal, also from Gillam airport to site.
- Travel manifest must be provided to Manitoba Hydro twenty-four (24) hours prior to testing.
- Provide workers information on protocols identified in section 3 References.

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- Ensure a signed copy of the Self-Isolation/Isolation COVID-19 Declaration has been received.
- Ensure a copy of the self-monitoring form has been received.
- Ensure a screening-tool has been completed and received.
- Keep a record of self-isolation and self-monitoring documents and provide to Manitoba Hydro upon request.

DRIVER/SHUTTLE

Contractor shall identify all workers required to drive or shuttle to site in advance. Contractor shall approve and if driving provide worker with the identified date and gate arrival time. The contractor is responsible to communicate to workers that upon arriving at the gate workers will be provided masks and are expected to wear the face covering until they are in their dorm room. If travelling by shuttle workers will be provided masks upon entering the shuttle and are expected to wear the face covering until they are in their dorm room. Please refer to Travel/Isolation Process: Local Drivers and Northern Shuttle Transports Process.

8 HOTEL ACCOMMODATIONS

The contractor is responsible for contacting the hotel administrator and to provide the following information:

- Traveler's full name
- Check in date
- Check out date

The hotel administrator will confirm the following:

- Confirmation of booking
- Designated hotel information

Hotel Administrator contact information:

Email: frontdesk@hixwpg.com

Cell: 204-775-5055

Please indicate these are reservations for the Keeyask Project and provide contractor name also.

Covered by Manitoba Hydro

Hotel daily room fees including taxes

Not covered by Manitoba Hydro

Any incidental charges such as room service, movie rentals, damage to room

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9 SCREENING, SELF-ISOLATION AND ISOLATION

SCREENING

The contractor is responsible to screen all out of province travelers before travel to Winnipeg. The contractor shall conduct this screening by the utilizing Manitoba Shared Health screening tool. If a worker answers yes to any of the screening questions, refer to guidance for screening employees preparing to return to the Keyask worksite. Please refer to Section 14 - Additional Resources and Contacts for contact information and Appendix A Shared Health Screening Tool, and Self Isolation Fact Sheet, and Self-Monitoring process.

The contractor is also required to screen all workers before travel to the Project site. The contractor shall conduct this screening by the utilizing Manitoba Shared Health screening tool. If a worker answers yes to any of the screening questions, refer to guidance for screening employees preparing to return to the Keyask worksite. Please refer to Section 14 - Additional Resources and Contacts for contact information and Appendix A Shared Health Screening Tool, and Self Isolation Requirements, and Self-Monitoring process.

SELF-ISOLATION

All workers are required to self-isolate for the currently required period, prior to travelling to site. The self-isolation period shall be determined by Manitoba Hydro and communicated to contractors. The contractor is responsible to ensure that all workers, required to self-isolate and self-monitor adhere to this requirement. Contractor responsibilities may include but not limited to;

- Communicate and review self-isolation requirements to workers; including the requirement to submit a signed copy of the Self-Isolation/Isolation COVID-19 Declaration.
- Ensure a point of contact has been established and communicated to all workers self-isolating;
- Ensure that workers have a thermometer to complete the self-monitoring requirement.
- Maintain regular contact with workers;
- As necessary, ensure worker is adhering to all physical distancing rules.
- If a worker **or a member of workers household** begins experiencing symptoms similar to COVID-19 (i.e. cold, cough, runny nose, fever or sore throat) notify Manitoba Hydro immediately and have the worker contact their local health authority;
- If at any point the worker is experiencing symptoms requiring urgent medical attention, such as respiratory distress chest pain etc. call 911 or go directly to the nearest emergency department.
- Provide workers information on protocols identified in section 3
References
- Ensure a signed copy of the Self-Isolation/Isolation COVID-19 Declaration has been received.
- Keep a record of self-isolation and self-monitoring documents and provide to Manitoba Hydro upon request.

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ISOLATION

Contractors are responsible to ensure that workers directed to isolate adhere to this requirement. On a weekly basis Manitoba Hydro shall provide contractors the Isolation End Date Notification Form which will notify contractors which workers shall complete isolation for the applicable week. It is the contractor’s responsibility to have workers complete the required with Self-isolation/Isolation COVID-19 declaration upon completion of isolation. Further contractor responsibilities shall include but are not limited to;

- Communicate and review isolation requirements to workers including the importance of adhering to this requirement; including the requirement to submit a signed copy of the Self-Isolation/Isolation COVID-19 Declaration.
- Assist public health and communicate requirements to workers as required.
- Communicate to workers that they are not permitted to interact with others;
- Ensure that workers have a thermometer to complete the self-monitoring requirement.
- Support workers through the isolation process and maintain regular contact with workers;
- Ensure worker remains in isolation room;
- Provide food and any other supplies;
- Ensure documents required are completed and provide to Manitoba Hydro upon request.
- If a worker **or a member of workers household** begins experiencing symptoms like COVID-19 (i.e. cold, cough, runny nose fever or sore throat) notify Manitoba Hydro immediately and have the worker contact Emergency Medical Services at 204-778-4900.
- If at any point the worker is experiencing symptoms requiring urgent medical attention, such as respiratory distress chest pain etc.; in Winnipeg call 911 or go directly to the nearest emergency department. On site, contact Emergency Medical Services at 204-778-4900.

For further information please refer to Appendix A – Important Information About Going Into Isolation at Keeyask Camp.

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SELF-MONITORING

Contractors are responsible to ensure workers self-monitor in required circumstances. When self-monitoring is required Contractors shall identify how self-monitoring measures will be implemented, maintained and tracked throughout the respective timeframe. Ensure that workers have a thermometer to complete the self-monitoring requirement.

If a worker begins experiencing symptoms consistent with COVID-19 (i.e. cold, cough, runny not fever or sore throat or feels ill at any point, they must visit Emergency Medical Services immediately.

For further information refer to the Self-Monitoring Process.

10 COVID-19 SCREENING TEST

REQUIREMENT TO COVID-19 SCREENING TEST

All persons seeking access to site are required to complete a COVID-19 screening test. If result is clear, access shall be permitted to work on site. If result is not-clear the worker will not travel/work on site, be placed in isolation and local health authorities shall be contacted to determine next steps. The requirement to test exists every time a person is required to gain access to site.

COLLECTION PROCEDURE

The COVID-19 screening test is completed by a trained collector. The sample is collected with a Nasopharyngeal (NP) swab* that is inserted along the nasal septum which assists in the detection of the virus. The swab is removed, cut, and place in sample container. The samples are then sent to the lab for testing. *(*or alternative swab collection where and when appropriate, deemed approved by Health Canada)*

MEDICAL ACCOMMODATION

Documentation shall be required in the case of medical accommodation. The document must be provided to the collector prior to conducting the test and is required to be provided at every test thereafter. Appropriate documentation deemed enough would include but not limited to information regarding the following:

- that accommodation due to a medical condition is required;
- the limitations or needs associated with the medical condition;
- the type of accommodation(s) that may be needed to allow the person to fulfill the COVID-19 screening test requirement.

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RECOVERED FROM COVID-19

Workers who have been diagnosed and recovered from COVID-19, within 90 days of their arrival date on site shall be exempt from the screening test process. Appropriate documentation shall be provided to the Contractor which would include, but not limited to the following:

- Letter from a medical practitioner regarding COVID-19 diagnosis.
- Positive result from a public health authority which includes date of test.

Contractors shall maintain a list of exempt workers as identified above and provide to Manitoba Hydro upon request. Recovered workers shall adhere to the self-isolation requirement prior to traveling to site, see Self-Isolation section

Workers who have been diagnosed but currently **not** recovered from COVID-19 must complete the required isolation period, identified by public health. Workers must also no longer have a fever for 24 hours and all other symptoms have been resolved prior to booking travel to site.

COVID-19 SCREENING TEST PROCESS

To be cleared to travel and work on site all out of province workers must:

1. Self-isolate for the required period before being screened and tested for COVID-19
2. complete a Manitoba Shared Health screening tool,
3. have a COVID-19 screening test, and
4. have a clear result for both (1) and (2)

Workers traveling internationally or outside Manitoba will have to additionally:

- pass the Manitoba Shared Health screening tool **before** travelling to Winnipeg.

For out of province workers who do not fly to site, they must:

- Self-isolate for the required period before driving or being shuttled to site,
- pass the Manitoba Shared Health screening tool, before driving or being shuttled to site,
- be shuttled to the Main Camp from the security gate;
- proceed directly to medical services,
- have a test sample taken (to be sent to the testing facility in Winnipeg),
- go through security/check-in,
- proceed to isolation in a dorm room, to await their test result, and
- have a cleared test result before leaving isolation.

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COVID-19 SCREENING TEST INFORMATION

The contractor is responsible to ensure the testing location, time and expectations are communicated to workers in advance. The contractor shall provide the following information.

In Winnipeg:

- Requirement of screening test;
- Identification must be provided at test location;
- The Manitoba Shared Health screening tool reviewed prior to arriving at testing facility and declaration are signed;
- Airline check-in will occur the day of screening test, workers are required to bring their luggage to the testing location.
- Requirement to stay at the testing location throughout the day. No one is permitted to leave the premises.
- Physical distancing measures will be implemented and expected during the testing and waiting period;
- Breakfast and lunch will be provided at the testing location. However, while waiting for clearance, workers will not be permitted to leave the premises (a designated smoking area will be provided) so it is advised that workers bring any preferred snacks or beverages with them when reporting for testing.

If a worker did not go through a COVID-19 screening test in Winnipeg (they drove or took a shuttle to site), the worker is required to complete the process on site. The contractor is responsible to ensure the test time and expectations are communicated to workers in advance. The contractor shall provide the following information.

- Requirement of screening test;
- Identification must be provided before the test;
- The Manitoba Shared Health screening tool and declaration are signed;
- Requirement to isolate while awaiting test results.

WORKPLACE SCREENING - ON SITE TESTING DURING ROTATION

There may be instances that Manitoba Hydro request screening tests occur for site personnel. The contractor is responsible to notify their workers of this requirement. The contractor will be provided a day and time that testing will occur and is expected that all workers on site including sub-contractors are tested. Contractor responsibilities may include but not limited to;

- Ensure all workers on site have been screen tested.
- Follow-up on requests relating to workers who have not attended testing.
- Ensure all sub-contractors are aware of the requirement and attend testing.
- In the event of a not-cleared result, support Manitoba Hydro, Nurse practitioner and public health as required.

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REPORTING COVID-19 SCREENING TEST RESULTS

PRIOR TO STARTING WORK

Manitoba Hydro will notify the DCR of any not-clear results on the day of testing. The results will be provided to the DCR and must be communicated to the workers prior to being transported to the charter terminal. A not-cleared result means that the worker is not permitted to travel to the North. It is the contractor’s responsibility to notify the worker of the not-cleared result, escort them to isolation and engage Manitoba public health. It is recommended that this notification occurs through the identified day-of-travel-contact to ensure the worker has adequate in-person supports in place. Isolation rooms will be available for use at the hotel until next steps are determined by Manitoba public health. Potential next steps may be that an in-province worker is directed to return home and isolate while out-of-province workers may be required to isolate in Winnipeg. These next steps are not certain, and direction may be provided by Manitoba public health.

If all screening test results are clear the DCR will receive notification indicating workers are cleared to travel and work on site.

When a worker is COVID-19 screening tested on site; the result, whether clear or not-clear, will be communicated to the DCR. It is the responsibility of the DCR to notify the worker and determine next steps. If the result is clear the DCR will escort the worker to the front desk to check out of the Isolation Dorm and into a permanent room. If the result is not-clear, the DCR is to visit the Front Desk to receive a key card for the applicable holding dorm. The DCR is required to follow protocols such as contact tracing, contacting Manitoba public health and arranging to have the worker removed from site. Further direction may be provided by Manitoba Public Health.

WORKPLACE SCREENING - ON SITE TESTING DURING ROTATION RESULTS

Manitoba Hydro will notify the contractor and Nurse Practitioner of any not-cleared results. A not-cleared result means that the worker is not permitted to continue working and must be placed in isolation. Further direction shall be provided by Manitoba Public Health. The contractor is required to support the process and protocols such as contact tracing, contacting Manitoba public health and arranging to have the worker removed from site.

CONFIDENTIALITY OF COVID-19 RESULTS

Any person from Manitoba Hydro or the Contractor, who receives COVID-19 screening test result information must comply with the Freedom of Information and Protection of Privacy Act and the Personal Health Information Act, or any successor legislation, and in addition must not disclose the result to any person other than a person who needs to know the test results to fulfill required obligations. All COVID-19 test results received shall be securely stored and kept in the strictest confidence.

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11 VULNERABLE POPULATION

COVID-19 can cause more severe disease or outcomes among workers identified in vulnerable population category. Workers may choose to confidentially disclose health status to their contractor and accommodations shall be made in accordance with the Duty to Accommodate under the Human Rights Code of Manitoba, up to the point of undue hardship. The contractor is responsible to communicate the risk of COVID-19 to vulnerable populations and further responsibilities may include but not limited to the following:

- Assess work when a request for accommodation is received;
- Attempt to eliminate risk, by re-assigning work to help reduce workers potential exposure;
- Notify Manitoba Hydro on a weekly basis, the total number of accommodations;
- In the event the contractor is unable to accommodate notify Manitoba Hydro before any employment action is taken.

12 SAFETY ON THE WORKSITE

Manitoba Hydro is committed to providing a safe workplace. As identified in the reference document Contractor Guidelines for Work Activities Under COVID-19, contractors are expected to create a plan which documents practices to effectively manage the COVID-19 hazard on the Keyask Generating Station Project.

The contractor is responsible to review document Contractor Guidelines for resuming work activities and shall be responsible to ensure the practices developed are implemented.

As this is a dynamic situation, updates to the prevention methods listed herein may be required. Contractors will be notified and appropriately update their respective plans.

13 COMMUNICATIONS

Contractors are expected to communicate the Guideline and expectations in detail to all personnel regarding items identified in this document.

14 ADDITIONAL CONTACTS AND RESOURCES

- Keyask Emergency Medical Services - 204-778-4900
- Keyask Nurse Practitioner - 204-778-4949
- Keyask Site Security - 204-778-4923
- Manitoba Public Health, Seniors and Active Living - 204-788-6666
- Manitoba Health Links - 204-788-8200
- Northern Health Region - 204-687-1300

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APPENDIX A

DESIGNATED CONTRACTOR REPRESENTATIVE CONTACT FORM

COVID-19 Designated Contractor Representative Contact Form

Please submit this form to SM-KeeyaskPandemic-COVID19@hydro.mb.ca

Date: _____

Name of person completing the form: _____

Contractor: _____

Main Contact	
Contractor:	
Name:	
Job Title:	
Phone Number:	
Email Address:	
Additional Contact Person	
Contractor:	
Name	
Job Title	
Phone Number:	
Email Address:	

If there are any changes to the identified contacts above; please notify Manitoba Hydro immediately.

Please note you are responsible the day of travel/testing to identify someone who is physically at the testing location. This contact along with the flight manifest must be provided 24 hours in advance to:

SM-KeeyaskPandemic-COVID19@hydro.mb.ca

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SHARED HEALTH SCREENING TOOL

QUESTION	YES	NO
1. Do you have any of the following symptoms? <ul style="list-style-type: none"> • Severe difficulty breathing (e.g., struggling for each breath, speaking in single words) • Chest pain • Confusion • Extreme drowsiness or loss of consciousness 		
2. Do you have shortness of breath at rest or difficulty breathing when lying down?		
3. Do you have a new onset of any of the following symptoms? <ul style="list-style-type: none"> • Fever/Chills • Cough • Sore throat/hoarse voice • Shortness of breath • Loss of taste or smell • Vomiting or diarrhea for more than 24 hours 		
4. Do you have a new onset of 2 or more of any of the following symptoms? <ul style="list-style-type: none"> • Runny nose • Muscle aches • Fatigue • Pink eye • Headache • Skin rash of unknown cause • Nausea • Loss of appetite 		
A.1 Have you been in contact in the last 14 days with someone that is confirmed to have COVID-19?		
A.2 Have you had laboratory exposure while working directly with specimens known to contain COVID-19?		
A.3 Have you been in a setting in the last 14 days that has been identified by public health as a risk for acquiring COVID-19, such as a flight, in a workplace or community with a cluster of cases, or at an event?		
A.4 Have you received a notification from the COVID-19 Alert app that you may have been exposed to COVID-19?		
A.5 Have you travelled outside of Manitoba in the last 14 days? Canada, or within Canada excluding travel to western Canada, the territories or Ontario west of Terrace Bay in the last 14 days?		
A.6 In the last 14 days has anyone living in your household travelled outside of Manitoba? Canada, or within Canada excluding travel to western Canada, the territories or Ontario west of Terrace Bay in the last 14 days?		
A.7 Is a member of your household sick with COVID-19 symptoms, and they are not known to be exposed to COVID-19?		
A.8 Has a member of your household been identified as a close-contact and instructed to self-isolate (quarantine) by public health officials, and they are not able to isolate from you?		

NOTE: If you have been tested for COVID-19 and are currently awaiting results, you will not be allowed to travel to Keeyask until you receive and provide proof of a confirmed negative result and symptom-free for 24 hours.

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SELF-ISOLATION/ ISOLATION DECLARATION

Self-Isolation/Isolation COVID-19 Declaration

I was in self-isolation or isolation* (check which applies and complete information below):

NAME: _____

POSITION: _____

PHONE #: _____

EMAIL: _____

SUPERVISORS NAME: _____

EMPLOYER/CONTRACTOR NAME: _____

I began self-isolation/isolation on the _____ day of _____, 20____ and completed the requirement on _____ day of _____, 20____.

In the case that isolation is a requirement of public health authorities please provide the following information:

I was notified by public health authorities to isolate* on _____ day of _____, 20____

I confirm that while I was in self-isolation/isolation I complied with all requirements, which included self-monitoring, as required by Manitoba Hydro and public health authorities.

I declare that I have complied with the above-noted requirements and that this information is accurate and true. I understand that providing incomplete or inaccurate information could lead to disciplinary and/or removal of site access.

SIGNATURE: _____ DATE: _____

*Isolation is a requirement directed by public health authorities as a result of a COVID-19 diagnosis or as an identified close contact.

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SELF-MONITORING PROCESS

Please follow these guidelines if you are required to self-monitor for symptoms of COVID-19. Record your temperature throughout self-isolation. Temperature must be monitored twice daily with a minimum of 6-8 hours between readings.

Should you develop a fever of > 38°C (100.4°F), cough, shortness of breath or breathing difficulties, or any other symptoms of COVID-19, such as: muscle aches, weakness, headache, sore throat or runny nose:

- 1) Let your supervisor know and
- 2) Report to the Medical Services Immediately

Temperature should be taken with a digital thermometer by mouth (oral) method.

Do not eat, drink, smoke or chew gum for 30 minutes prior to taking your temperature.

Do not take Acetaminophen or Ibuprofen during the entire monitoring period UNLESS your health care provider advises you otherwise.

- 1) Carefully place the tip of the thermometer under your tongue
- 2) Keep your mouth closed and leave in place for 1 minute or until you hear the thermometer beep
- 3) Remove the thermometer and record the temperature

DAY	DATE	TEMPERATURE (in Celsius)		SYMPTOMS Y/N
		MORNING	EVENING	
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				

Worker Name: _____

Date: _____

Supervisor's Name: _____

Supervisors Signature: _____

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SELF-ISOLATION INFORMATION SHEET

Self-isolation Requirement

Self-isolation is a behavior that helps prevent the spread of COVID-19.

If you are going to the Keyask project site, you are required to **self-isolate** prior to travel. The purpose of this self-isolation is to prevent the spread of COVID-19 from outside the site to the project. You may not necessarily be ill with COVID-19, but there is a risk that you can carry the virus with you (without showing any symptoms). You must stay at a single location (i.e. home, hotel room, camp room), and stay away from other people.

During the isolation period you will also be required to **self-monitor** for symptoms. Self-monitoring means assessing yourself daily for symptoms - such as fever, cough, difficulty breathing, etc. - and taking your temperature once in the morning and once in the evening. If any symptoms develop, contact your local health authority immediately.



DO STAY HOME

- Use food delivery service or online shopping
- Have friends or family run errands if you can't get delivery.
- Schedule any appointments BEFORE you start your isolation period – anytime you break isolation – the isolation period clock starts again.



DO PROTECT OTHERS

- Wash your hands frequently
- Cough into your elbow
- Keep 2 metres (6ft) away from others - even inside your home.
- Everyone should wear a mask if they are in the same room as you.



DO KEEP IN CONTACT WITH FRIENDS

- Use technology, such as video calls to keep in touch with friends and family.
- Host **virtual** hangouts or family dinners



DO CONTINUE TO EXERCISE

- Exercise at home
- Go outside for some fresh air, or walk the dog, ensuring you stay 2 metres away from others.



DO MONITOR YOUR SYMPTOMS

- Take and document your temperature daily.
- If you develop symptoms contact your local health authority and notify your supervisor.



DO CLEAN ALL HIGH-TOUCH SURFACES

- High-touch surfaces: toilets, bedside tables, and door handles should be cleaned daily using a store-bought disinfectant.
- High-touch electronics such as phones, computers, and other devices should be disinfected with 70% alcohol



DO NOT GO TO PUBLIC PLACES

- Stay away from shared public areas (e.g. malls, fitness centres, places of worship, restaurants, etc.)
-



DO NOT SHARE PERSONAL ITEMS

- Including towels, toothbrushes, linens, thermometers, cigarettes, unwashed utensils, electronic devices (phones and computers), etc.



DO NOT HAVE VISITORS

- No visitors unless essential (e.g. a care provider)
- As much as possible stay in a separate room away from other people in your home.



DO NOT USE PUBLIC TRANSPORTATION

- Do not use public transportation, taxis, or rideshares.

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Frequently Asked Self-Isolation Questions

What is the point of self-isolation?

This is how you can help slow and reduce the spread of COVID-19 and protect your Brothers and Sisters on site.

Why should I self-isolate if I don't have symptoms?

You can have a virus in your body and not know it. It is important to stay at home and take the time to ensure you do not develop symptoms. The goal is to reduce the possibility of you bringing some of the virus up to site.

Can I go to the mall?

No. You must stay home.

Can I use taxis/public transit/ride share?

No. You cannot ensure that you are 2 metres from other people on public transit. Using taxis, public transit, and ride shares puts you at risk of picking up the virus as they are considered shared, public places.

Should I go to a medical appointment?

Try to schedule medical appointments before your isolation period. If you must seek medical care, wear a mask and try avoiding as many people as possible. Notify your employer that you will be leaving isolation in advance for approval. Walk or drive yourself to your appointment if possible.

Can I go for a walk outside?

Yes. It is important to continue to exercise. BUT it is important that you avoid crowded areas and stay at least 2 metres from other people. Wash your hands before you leave your home and when you return.

Can I go to the pharmacy to pick up my medication?

No. If you need medications, use a pharmacy delivery service or ask a friend to pick them up and bring them to your home.

Can I get the mail and newspaper?

If your mail is delivered directly to your house, it is ok to go to your mailbox. Make sure you wash your hands. If your mail is delivered to an apartment or community mailbox, or the post office, ask a friend to pick it up and deliver it to you.

Can I go through a drive-through for coffee/food?

No. Self-isolation means staying isolated at home. Use delivery services or ask someone to deliver coffee or food to you.

Should I cancel my haircut/pedicure/spa treatment?

Yes. These are examples of non-essential appointments.

Can I have visitors?

No. You are not isolated if other people are there with you – even for a minute. Use technology, such as video calls, to keep in touch with friends and family.

Can I have playdates for my kids or playdates in my home?

No. Consider novel ways to keep in touch like virtual meetings, virtual hangouts, video “family dinners”, or virtual playdates for your kids.

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IMPORTANT INFORMATION ABOUT GOING INTO ISOLATION AT KEYYASK CAMP

Important Information About Going into Isolation at Keyyask Camp

Overview

The regional health authorities no longer accept anyone who does not already have a 'positive for COVID-19' test result, air carriers reject travelers who have any symptoms, and ALL close contacts of COVID-19 cases (regardless of their symptomatic state) are required by the province to isolate until released by provincial health authorities - so with nowhere to or no way to transfer you off-site, you will be isolating at Keyyask in an assigned room in the isolation dorm until your test results are ready.

For those assessed and determined to need testing for COVID-19 due to displaying symptoms (AND not a close contact of a positive case), until your test results come back as "negative" AND you are completely symptom-free (as determined by the Nurse Practitioner) for 24 hours, you will still be staying in the room and isolating.

Preparing to Isolate

You will be allowed to return to your existing dorm room to pick up items you want/require for your time in the isolation dorm.

- Take items you will need for at least 14 days (if you test positive for COVID-19 you will be transferred off-site directly from your isolation dorm room without an opportunity to return to your regular dorm). Grab your things like toiletries, cell phone, laptop, iPad, books, music, clothing, etc. There is no need to pack up all your belongings.

You are required to stay in the dorm room at all times, unless you require a short break for a smoke/fresh air.

You can only have contact with others by phoning them.

Always wear a face mask whenever leaving your dorm room.

Nurse Practitioner may contact you for wellness re-assessments while you are in isolation.

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Important Information About Going into Isolation at Keeyask Camp

Meals, snacks, and supplies

- Meals, snacks, and beverages will be provided by an Isolation Attendant during the hours of 6:00 a.m. and 10:00 p.m. 7 days a week.
 - Call 204-778-3918, please leave a message if no one answers.
- If you do not have a cell phone or your room doesn't have a regular phone, you can place your orders by using the hallway phone and calling extension 3918.
 - If you have no other option but to use the hallway phone, you must wear a face mask and sanitize the phone with wipes (provided by the phone) before and after you use the phone.
- Ordering meals/snacks (refer to the weekly menu provided):
 - Please state your dorm and room number
 - **Breakfast:** orders accepted up to 7:40 a.m.; will be delivered after 8:00 a.m.
 - **Lunch:** orders accepted up to 11:00 a.m.; will be delivered between 11:00 a.m. to 1:00 p.m.
 - **Dinner:** orders accepted up to 4:00 p.m.; will be delivered between 4:30 p.m. to 5:00 p.m.
- Snacks from the Grab & Go:
 - Can be ordered and will be delivered any time between 6:00 a.m. and 10:00 p.m.

When food deliveries are made the worker will knock on the door and leave the food in front of the door. Please wait a moment so that the worker can leave to avoid any interaction.

- Commissary Items:
 - Any items needed/wanted from the commissary must be ordered through your Contractor DCR or a friend, including arranging for payment of items.
 - Your Contractor DCR or your friend will purchase items from the commissary and then must call the Isolation Attendant to arrange to give it to the Attendant. No one is allowed to get items for you and bring them to you while you are in isolation – you must make arrangements through the Isolation Attendant.

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Important Information About Going into Isolation at Keyask Camp

In Case of a Fire

- If the event of a fire alarm, immediately exit your dorm room and proceed to the Artic Corridor. Security will be there and will escort you to the Muster Point and ensure you are accounted for.
 - Ensure you are wearing your face mask before exiting your room.

Smoking/Fresh Air

You will be allowed to go outside for a smoke or some fresh air while in isolation.

Only one individual is permitted in the designated smoking area at a time. When departing your room you may be asked by security to wait in your room until the smoking area is clear.

- Put on your face mask before exiting your dorm room.
- Exit your dorm room and proceed to the Security person stationed at your dorm. Let them know you are wanting to go to the smoke pit.
- The smoke pit is accessed through the last exit door before reaching the door to the Arctic Corridor; the security guard can show you the door to use, if necessary.
- While in the smoke pit, you must follow physical distancing requirements (maintain a distance of 6 ft/2m from other people) and wear a mask when you are not actively smoking a cigarette.

For any and all inquiries regarding employment aspects of your isolation (e.g. time off, keeping your job, etc.) contact your employer's labour relations or human resources person.

COVID-19 WORKER INFORMATION PACKAGE

KEYYASK GENERATION PROJECT

243954-0120-XXXXXX-REF- COVID-19 Workers Information Package – KCR06

Prepared by:

Reviewed by:

Approved by:

Network: 243954

Activity: 0120

Collective: XXXXXX

Type: PLAN

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Date: 2021 03 31

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1 OVERVIEW

On behalf of the Keyask Project, Manitoba Hydro, and our contractors, we thank you for your willingness to bring and/or return your skills and abilities to the project. Preventing the spread of COVID 19 has emerged as a top priority of Manitoba Hydro. To do this, we are considering alternate ways to work with employees to assess, screen, isolate, and mitigate the risk of spreading COVID 19.

The Keyask project is returning to standard worker rotations after our travel restrictions. There are enhanced site access processes and expectations in response to the COVID-19 situation in Manitoba. This is established in consultation with the Provincial health authorities and will be updated as the situation evolves in the Province.

To maintain the health and wellbeing of our workers, reduce the risk of COVID-19 being introduced to the project site, and to prevent its spread to local communities, individuals returning to site may be subject to the following enhanced safety protocols:

- Screening questionnaires and declarations
- Periods of self-monitoring, self-isolation, and/or isolation
- COVID-19 screening test
- Adherence to all applicable airline travel protocols
- Maintaining appropriate physical distancing / social distancing protocols
- Appropriate hygiene practices of handwashing, sneezing into your arm, etc..
- Adherence to the transportation guidelines established by your employer, and the shuttle and charter services used

The following document will provide guidelines and information you require as an employee who has self-isolated at home, or in a hotel setting, as necessary prior to COVID-19 screening tests and transportation to site.

For more information, please contact your employer’s Designated Contractor Representative or Test/Day of Travel contact.

2 PURPOSE

Manitoba Hydro is committed to providing a safe and healthy work and travel environment during a pandemic through proper planning and preparedness measures for the prevention and control of exposure to pathogens including COVID-19. The purpose of this information package is to support practices to mitigate the risk of contracting COVID-19 while travelling to and from Keyask Generation Project Site in air charters, hotels, busses, or other vehicles and while on Site, and to prevent the spread of COVID-19 to or on Site.

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3 DEFINITIONS

Cleared

Worker has completed a COVID-19 screening test and is permitted to work/travel on site.

Isolation

You must stay at a single location i.e. home, hotel room, camp room and stay away from other people. You must isolate if **any** of the following apply:

- you have been diagnosed with COVID-19, or are waiting to hear the results of a lab test for COVID-19
- you have symptoms of COVID-19, even if mild
- **you live with, or** have been in contact with a suspected, probable or confirmed case of COVID-19
- you have been told by public health that you may have been exposed to COVID-19
- you have returned from travel outside Canada with symptoms of COVID-19 (mandatory)

Medical Services

the area at Keeyask camp that contains Emergency Medical Services paramedics and the Nurse Practitioners

Not-Cleared

Worker has completed a COVID-19 screening test and is not permitted to work/travel on site.

Nurse Practitioner

(NPs) are registered nurses who have additional education and nursing experience, which enables them to: Autonomously diagnose and treat illnesses, order and interpret tests, prescribe medications, and perform medical procedures.

Physical Distancing (“Social” Distancing)

Maintaining at least a 2-meter distance between you and others wherever, and as best as, possible.

Recovered

Individual no longer ill with the virus (as determined by provincial health authorities)

Self-isolation

You must stay at a single location i.e. home, hotel room, camp room and stay away from other people. Self-isolate applies if you have **no symptoms** and **any** of the following apply:

- you are traveling to the Keeyask Project
- you are returning from travel **outside of Canada**

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- out of province and will be traveling to Manitoba
- **you live with, or** had contact with someone who has or is suspected to have COVID-19
- you have been told by the public health authority that you may have been exposed and need to self-isolate

Self-monitor

to record your temperature twice daily, as well as monitor your general well-being to see if/when other symptoms develop (e.g., cough, sore throat, runny nose, shortness of breath and difficulty breathing).

Shared Health Screening Tool

screening is a series of questions asked to see if a person who has recently traveled or been exposed to an ill person has symptoms of the illness

Vulnerable Populations

Vulnerable populations may include individuals who are at risk of more severe disease or outcomes, including:

- older adults (increasing risk with each decade, especially over 60 years)
- people of any age with chronic medical conditions (for example: lung disease, heart disease, high blood pressure, diabetes, kidney disease, liver disease, stroke or dementia)
- people of any age who are immunocompromised, including those with an underlying medical condition (for example, cancer) or taking medications which lower the immune system (for example, chemotherapy)
- people living with obesity (BMI of 40 or higher)

4 SELF-ISOLATION FOR ALL WORKERS

The prevention of COVID-19 is a key priority to Manitoba Hydro, its contractors and community partners, the Province of Manitoba and each of the Canadian Provinces. These enhanced safety measures are designed to help prevent the spread. It is very important that we all do what we can to prevent the transmission. Your adherence to these expectations provides the best opportunity to keep you and those around you from contracting the virus.

International travelers, immediately prior to returning to work, will self-isolate in accordance with the federal government of Canada regulations at the designated location within **Canada Winnipeg**. Isolation shall be adhered to following the Manitoba Health guideline (refer to Appendix A). This will remain in place unless otherwise notified.

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Inter-provincial travelers, immediately prior to returning to work, you will be required to self-isolate for the currently required period. The self-isolation period shall be determined by Manitoba Hydro and communicated to contractors. This period of self-isolation shall be at home or in a designated Winnipeg location, or combination thereof. The requirement also includes you to self-monitor and follows the Manitoba Health guideline (refer to Appendix A). This will remain in place unless otherwise notified.

Manitoba travelers, immediately prior to returning to work, you will be required to self-isolate for the currently required period. The self-isolation period shall be determined by Manitoba Hydro and communicated to contractors. This period of self-isolation shall be at home or in a designated Winnipeg location, or combination thereof. The requirement also includes you to self-monitor and follows the Manitoba Health guideline (refer to Appendix A). This will remain in place unless otherwise notified.

During self-isolation, self-monitoring is required. Self-monitoring includes taking your temperature twice daily. You are also required to use the self-monitoring process form to record your temperature and any other symptoms you may experience during the self-isolation period.

4.1 TIPS FOR ISOLATING AT HOME OR A DESIGNATED HOTEL

As noted in section 4, workers are required to self-isolate at home and/or at a designated hotel prior to travel to the project site based on the existing restrictions in place. This may differ from time to time and change based on the current status of COVID 19. When required to self-isolate, please follow these instructions:

- Stay in your home or hotel room as much as possible to avoid exposure;
- Use delivery services for food and other supplies as much as possible;
 - Hotels usually have information on local vendors for your consideration
- Use pre-pay options as much as possible to reduce unnecessary contact from deliveries
- Adhere to physical distancing when receiving deliveries to your location;
- In the event you must leave your location, ensure you do so individually, adhere to physical distancing, 2m/6ft while outside of your room, and return as quickly as possible, etc.;
- Wear a non-medical mask at all time in public places

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4.2 EXPECTATIONS AS A GUEST AT THE DESIGNATED HOTEL

- Conduct yourself in a safe and profession manner during your stay at the hotel. You are a representative of the Keeyask project, its contactor partners, and Manitoba Hydro;
- Three meals per day will be provided at the designated hotel at no cost to the employee;
 - Any individually purchased meal(s) will not be reimbursed
- You are responsible for providing any required deposit at the hotel, for any incidentals that may be charged to your room such as movie/game rentals, hotel phone calls, room damage, snacks, room service, sundries, etc. These items are not reimbursable;
- All applicable rules in the Keeyask Project Site and Camp Rule Book shall apply.
- Hotel personnel and security are instructed to report acts of misconduct to Manitoba Hydro and/or your employer and are subject to progressive discipline and/or camp rule management.

5 ABOUT THE SCREENING FACILITY

It is the workers’ responsibility to arrive at the designated screening location, which is at the **Holiday Inn Express Winnipeg Airport, located at 1740 Ellice Ave., Winnipeg, MB.**

5.1 WHAT TO KNOW ABOUT THE SCREENING FACILITY

- Requirement to be at the testing facility prior to **7:00 a.m. the day of travel** to site, unless directed otherwise;
- The testing facility will be set up within the ballroom which will be well marked;
 - Workers must use the East side of hotel banquet doors. Do not enter through the front entrance of the hotel.
- Please bring your luggage to the ballroom as Perimeter Air/Calm Air will complete their check in process after you have been screened. The charter service will have a representative at the hotel;
- If flying Fast Air, check-in will be completed at the air charter hanger prior to travel.
- It is recommended to take a taxi, where applicable, to the screening location;
- If a taxi is not an option, it is recommended to park your vehicle as directed by your contractor and take a taxi or shuttle to the screening location. You will not be permitted to drive your vehicle to the charter service once the screening process has been completed;
- It is recommended to have additional time to locate parking at an applicable location, in the event of an unforeseen delay.

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6 DAY OF TRAVEL TO SITE

6.1 CONSIDERATION FOR GETTING TO SCREENING FACILITY AND PARKING

On the day of site travel, all workers are expected to be at the testing location by 7:00 a.m. as established by Manitoba Hydro. For workers residing in Manitoba arriving on the day of the COVID-19 screening test, please consider your method of transportation, parking, and the requirement to take a shuttle from the testing facility to the air charter service. If your residence in Manitoba is outside reasonable and safe driving distance from the screening location, please approve reserving a room at the designated hotel with your contractor, in advance.

Your employer will identify the specific information regarding screening time and location (7:00 a.m. daily at the Holiday Inn Express Winnipeg Airport, located at 1740 Ellice Ave.) as well as shuttle and charter information to you in advance.

6.1 WHAT YOU NEED TO KNOW ABOUT COVID SCREENING AND DAY OF TRANSPORTATION

- At the COVID-19 screening location, workers are required to:
 - provide identification (examples include driver’s license, passport, birth certificate, or medical card);
 - complete a consent form;
 - complete a declaration;
- Workers will then be screened for COVID 19 via a nasal swab sample. The collection will take only a few moments;
- Be prepared to be at the testing location for roughly 6 – 7 hours; this is how long it takes to gather, process, and receive results for everyone being screened;
- Once screening is completed, you will not be permitted to leave the premises.
- After screening you are required to check-in with the airline which includes having your luggage weighed. If flying Fast Air check-in will be completed at the air charter hanger the day of travel.
- Once the flight check-in is completed you will be required to stay at the testing location until cleared to travel to site;
- Physical distancing measures will be implemented and must be followed during the screening and waiting period. The area for screening and waiting will have enough space to ensure you can maintain physical distancing;
- Coffee, tea, water, breakfast and lunch will be provided at the COVID-19 screening location;
- It is advised you bring any preferred snacks or beverages with you when you report for screening;
- Once the COVID-19 screening results are confirmed:
 - if you are cleared to travel, you will be transported to the air hangar

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- if you are not cleared to travel, your contractor representative will notify you, and you will not travel to site

Your employer is responsible for transportation to the air charter service, which is expected to depart from an air charter hanger, not the Winnipeg Richardson International Airport. Your employer is responsible to arrange for shuttle services to site, as normal. Assigned seating or a record of seating is required. Any further information can be obtained from your Contractor Test/Travel Day rep in Winnipeg.

Use of applicable face masks and/or physical distancing practices must be followed while in transit, as identified by the airline service.

6.2 LUGGAGE

Perimeter Air and Calm Air will be set up at the testing location, workers will be required to check in and have luggage weighed and complete the air charter screening requirements.

If you are cleared to travel, you will take your luggage with you, after you have checked in and had the airline weigh it, on the shuttle to the air terminal. The shuttle will go directly to off load plane side.

If flying Fast Air check-in will be completed at the air charter hanger the day of travel.

6.3 GILLAM AIRPORT

When landing at Gillam Airport, only deboard the plane when instructed to do so.

7 TRAVEL PROCESS FOR DRIVERS/SHUTTLE

Northern shuttle transport from Gillam, TCN, and Thompson

7.1 NMS SHUTTLE

- Upon approaching the NMS Shuttle, shuttle passengers receive a non-medical mask by the NMS Teamster;
- Shuttle passenger must wear a mask prior to getting on the shuttle. The mask must be worn covering the mouth/nose during transport and continue to do so until they are in their temporary room;
- Upon arriving at Camp, the shuttle will go directly to the back of the EMS receiving area;
- Individuals will exit the bus one at a time where they will be required to complete:
 - Screening Questionnaire;

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- COVID-19 screening test;
- Provided with their temporary dorm room card;
- Once complete, the individuals will re-board the waiting shuttle;
- The shuttle will transport all passengers to the search trailer for baggage search;
 - Individuals off shuttle in groups of 4, once search completed, board the bus again.
- The shuttle will then drive to the back of isolation dorm where passengers will enter and go directly to their temporary room until test results are received.

7.2 SELF-DRIVERS

Park vehicle at start-up-camp parking lot, await Shuttle to main camp

- Upon approaching the NMS Shuttle, the shuttle passengers receive a non-medical mask by the NMS Teamster;
- Shuttle passenger must wear a mask prior to getting on the shuttle. The mask must be worn covering the mouth/nose during transport and continue to do so until they are in their temporary room;
- Once the shuttle departs, there will be no additional pick-ups at the gate – no exceptions;
 - Drivers who show up after the 10:00 hrs. pick-up time will be turned away at the Security Gate.
- Upon arriving at Camp, the shuttle will go directly to the back of the EMS receiving area;
- Individuals will exit the bus one at a time where they will be required to complete:
 - Screening Questionnaire;
 - COVID-19 screening test;
 - Provided with their temporary dorm room card;
- Once this is done, the individuals will re-board the waiting shuttle.
- Shuttle will transport all passengers to the search trailer for baggage search;
 - Individuals off shuttle in groups of 4, once search completed, board the bus again.
- The shuttle will then drive to the back of isolation dorm where passengers will enter and go directly to their temporary room until test results are received.

All drivers South of the project will not be permitted to be dropped off at the Guard Shack. Pickups will be at the Airport as per the NMS shuttle schedule.

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7.3 SHUTTLE TRANSPORTS FOR WINNIPEG FLYERS

- Shuttle picks up at identified time;
- Face covers/masks are required;
- Individuals are dropped off at the Search Shack as per standard process.

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8 OTHER RESOURCES

Manitoba Shared Health

www.sharedhealth.mb.ca

Manitoba Health Links

204-788-8200

<https://misericordia.mb.ca/programs/phcc/health-links-info-sante/>

Manitoba Health, Seniors and Active Living

<https://www.gov.mb.ca/health/publichealth/index.html>

Keyask Nurse Practitioner

204-778-4949

Keyask Security

204-778-3938

Northern Health Region

<https://northernhealthregion.com/>

Emergency Medical Services

204-778-4900